15 Simple Home Remedies to Get Rid of Warts Naturally

Deblina Biswas  Diseases, Remedies

Warts are small growth on the skin surface that can appear on a person’s hands, feet, face and other body parts. Although not harmful in themselves, warts can affect the physical appearance of a person and spread to other regions of the body if left untreated. Warts are caused by kind of virus known as human papillomavirus. Warts have a rough and thick texture caused by the formation of hard protein on the topmost layer of the skin. There are various types of warts, and each type varies in appearance, texture and region of appearance. The wart-causing virus can spread through close skin to skin contact to contact with shoes or towels. In most cases, warts go away by themselves and don’t need to be treated. But if treatment is required, then like natural remedies for psoriasis, eczema and ringworm, warts should also be treated with time-tested natural remedies that don’t have any side effects in the long run.

Common Types of Warts

Before getting on with the home remedies for warts, let us know about the different types of warts, their appearance and the particular parts of the body where they usually appear.

- **Common Warts** – These warts usually appear on the fingers, toes, hands, elbows and knees. These warts are not very large in size and have an uneven, grainy appearance with a dark spots in them. They have a grey or brown color.

- **Plantar Warts** – Plantar warts grow specifically on the soles of the feet and unlike other warts, grow deep in the skin rather than out of the skin. Plantar warts appear like a small hole in the sole of the foot surrounded by hardened skin. People with plantar warts find it difficult to walk comfortably because walking puts pressure on the warts.
- **Flat Warts** – Flat warts are small in size, appear in clusters and are about the size of a pencil tip. Flat warts appear on the arms, thighs and face. They have a smooth flat top and are pink, yellow or brown in color.
- **Filiform Wart** – Filiform warts are long and narrow in shape that looks like a minute flap or tag skin. They usually appear on the lips, nose, eyelids, chin and neck.
- **Periungual Wart** – This type of warts grow around and under the nails – finger nails and toe nails. They can cause pain and affect the natural growth of nails.

15 Effective Home Remedies to Get Rid of Warts

Suffering from nagging and pesky warts that don’t seem to go away? Try out these simple and easily available home remedies that show remarkable results within a few days of application.

**Potato**

Raw potato is an excellent cure for dark circles around eyes, but it also works as natural wart removal solution. It is an age-old folk remedy that has been used by people for centuries, and it shows prompt results, so is worth a try. Peel a potato and cut off a round slice from it. Rub the potato slice on the wart for 5 minutes. Repeat this remedy 3 times a day till the wart is gone.

**Honey**

When it comes to skin and hair problems, there is no other natural remedy like honey. The nourishing humectant properties of honey help in hydrating excessive dry skin and also work as a wonderful natural remedy for chapped lips. Honey is also used as one of the most effective home
remedies for warts removal. The potent antibacterial and antiviral properties of honey fight the viruses that cause warts and prevent them from reappearing in future.

Honey works as a sort of occlusion therapy that kills the warts by depriving them of oxygen. But it is best to use organic Manuka honey for this remedy. File the wart a bit if possible and slather a thick layer of honey over it and cover it with a piece of clean cloth or bandage. Keep it wrapped for 24 hours and then reapply the honey and change the bandage.

Apple Cider Vinegar

Apple Cider Vinegar is a one stop home remedy for all hair and skin problems, and is also one of the most effective natural home remedies for weight loss. Apple cider vinegar is used as one of the most powerful natural wart removal home remedies as well. The acidic nature of apple cider vinegar attacks the flesh that makes up warts and kills it from the roots by peeling it away from the skin. It also takes away the virus along with it and prevents the reappearance of warts. But it is essential to continue the treatment till the core of the wart has been destroyed otherwise it can grow again.
Trickle 2 tablespoons of apple cider vinegar in a bowl and soak a cotton ball in it. Apply the cotton ball on the wart and tie it with a clean cloth or bandage and leave it like that for 1 day. Repeat this process every day for a few weeks for the wart to die.

Pineapple Juice

Pineapple is an extremely delicious fruit that not only makes a great dessert but also promotes digestion. But how do you get rid of warts naturally with the help of pineapple juice? Well, the high level of acidity of the juice along with the presence of special enzymes aids to dissolve the wart by eating away at the flesh. Application of pineapple juice can cause a stinging sensation in the wart.

Cut and peel a portion of a pineapple and crush it to extract the juice. Soak your wart in the pineapple juice for 5 to 10 minutes and then dry the wart with a clean cloth. Repeat this technique 2 to 3 times a day for few days to remove the wart completely.
Basil

The powerful antiviral and antibacterial properties of basil makes it one of the most functional Indian home remedies for cold and cough. It is also a remarkable way to get rid of warts naturally. The antiviral components of basil kill the virus that cause warts, speed up the healing process and prevent it from coming back.

Rinse and crush 1/4th cup of fresh basil leaves to form a thick paste. Apply the paste on the wart and tie it using a clean cloth or bandage. Reapply the remedy every day and tie a new bandage for 2 weeks or till the wart is removed completely.

Garlic

Garlic is not only a popular kitchen herb that is used to spice up dishes, but is also loaded with amazing medicinal properties that aids in treating a wide range of skin diseases and infections. It is by far the best medicine for ringworms. Topical application of raw garlic is also one of the best natural ways to get rid of warts. The potent antiviral, antifungal and antibacterial properties of garlic fight the viral infections that cause warts. The caustic effects of garlic also attack the flesh of the wart and cause it to blister and fall off within 1 week.
Press a few garlic cloves, apply it to the warts and cover with a bandage. Leave it for 30 minutes and wash off with water. Repeat this natural treatment 2 times every day for 2 weeks to get desirable results.

Tea Tree Oil

Tea tree oil is an amazing cure for various skin problems and skin conditions thanks to its powerful antiviral and antiseptic properties. Topical application of diluted tea tree oil is the ultimate solution to the question of how to reduce oily skin naturally. It kills the virus that causes the warts and starts showing effect right from the first application. Topical application of tea tree oil is one of the best ways to get rid of plantar warts. Pure tea tree oil is an extremely strong essential oil, so it is best to use it in diluted form.
Add 5 drops of tea tree oil to 2 tablespoons of water and soak a cotton ball in the mixture. Apply the cotton all on the wart. Repeat this course several times a day to get fast relief from annoying warts.

**Baking Soda**

Baking soda is yet another important remedy that is used for a plethora of hair, scalp and skin problems, and it is the best [homemade treatment for acne](#) and pimples. The strong anti-inflammatory, antiviral and antiseptic properties of baking soda help in fighting the viruses that cause warts, and it is one of the best remedies to get rid of plantar warts.
Take 1 teaspoon each of baking soda and white vinegar in a bowl and mix well to form a thick paste. Apply the paste generously on the warts and leave it till it dries. Reapply the paste 2 times daily, once in the morning and once at night till the wart is removed from the root.

Aloe Vera

The natural hydrating and healing properties of aloe vera gel make it a skin-friendly ingredient that is also used to treat dandruff and other scalp infections. Aloe vera gel is popularly used in moisturizing masks for dry hair. Pure aloe vera gel is one of the most useful natural remedies to get rid of warts without causing any side effects or stinging. The anti-inflammatory properties of aloe vera gel help in treating the warts and healing skin damage.

If you have an aloe vera plant at home, just break a leaf and apply a few drops of the raw gel on the warts. Wrap the area with a bandage or clean cloth. Repeat the home remedy 2 times a day for 2 weeks. You can also buy natural aloe vera gel at drug stores if you don’t have a plant at home.

Castor Oil

When it comes to homemade tips for hair growth, there is nothing like pure castor oil. It not only helps in promoting hair growth but also aids in developing thicker eyelashes and eyebrows. It is also one of the best home remedies to get rid of warts. The main component, ricinoleic acid, found in pure cold-pressed castor oil possesses powerful antibacterial and anti-inflammatory properties that destroy the wart-causing virus.
Regular application of the oil makes the wart soft and moist so that it falls off. Castor oil is especially effective in getting rid of small and flat warts that appear on the hands and back. Apply castor oil directly on the warts several times a day and make sure that the warts are thoroughly soaked in the oil.

Banana Peel

The most effective use of a banana peel is utilizing it as one of the potent home remedies to get rid of warts. A proteolytic enzyme present in banana peel eats away the physical structure of the wart and dissolves it and prevents the occurrence of warts in future.

A lemon peel can also work effectively in curing warts. Cut a piece of the banana peel and stick in on the wart using bandage or tape. Repeat this method several times a day to get rid of warts quickly.
Vitamin C

Perfect skin tips are incomplete without the inclusion of vitamin C in it. Vitamin C is an extremely useful nutrient for skin that helps in improving the overall health of the skin. The highly acidic nature of vitamin C fights and destroys the virus, and wears away the physical structure of the wart. Vitamin C is readily absorbed into your system when it is applied to the site of the wart and destroys the virus from within.

Crush 1 vitamin C tablet into a fine powder and add a few drops of fresh lemon juice to it to make a paste. Apply this paste on the wart and cover it with a bandage. Reapply the remedy once daily for best results.

Dandelion

Certain enzymes found in dandelions help in getting rid of warts and prevent them from recurring in future. But it is important to choose the dandelions which are turning yellow and apply the milk of the flower on the warts.
Break the stem of a dandelion and squeeze out some of the liquid from the stem and apply it directly on the wart. Wrap it up with a clean bandage. Repeat this method 2 times a day daily till the wart is removed completely.

Raw Papaya

This is an effective ayurvedic remedy for natural wart removal that has been used for ages to treat this condition. The strong proteolytic enzyme found in raw papaya juice eats away and dissolves the dead tissue of the warts. It is also useful for curing foot corns, boils and acne, but pregnant women should refrain from using this remedy.
Make a shallow cut on the surface of an unripe papaya and collect the white sap from the surface, mix this thick sap with some water and apply it on the wart 2 times a day for 2 weeks to see remarkable results.

Essential Oils

Essential oils have potent anti-inflammatory, antiseptic and antiviral properties that help in treating warts and curing them from the root by destroying the viruses. Some of the useful essential oil for natural wart removal are garlic oil, clove oil, vitamin E oil, lavender oil, lemon essential oil and wheat germ oil.
These oils also speed up the healing process and bring back the affected skin to its natural state. Smear a few drops of any of these oils on the wart and let it soak in completely. Reapply the oil 2 times a day on a daily basis for best results.

Tips for Preventing Warts

Following a few helpful tips can prevent the occurrence of warts completely.

- Do not touch the warts of other people.
- Do not share towels, clothes and other private items with anyone.
- Do not share socks or shoes with a person having Plantar wart or verrucas.
- Do not scratch the warts if you don’t want the virus to spread to other parts of the body.
- Wear slippers when going to the pool or common showers.
- Cover your wart with a waterproof band-aid or tape when swimming
- Protect your hands with a glove at the gym if you have warts on your hands.
- Avoid combing, shaving and brushing the areas having warts
- Avoid biting your fingernails if you have warts on your fingers.
- Wash your hands every time you touch your wart.
- Always keep your hands dry and clean.

When to See a Doctor?

Warts are painless growths that go away by themselves and don’t require any medical treatment. But it is important to see a doctor to make sure that the growth is actually a wart and not something else. You must see a doctor if any of these things happen.
• The wart is painful.
• The wart shows signs of infection.
• Emission of pus or blood from the wart.
• Change in appearance of the wart.
• Warts appear on the face or any other sensitive part of the body.
• The warts start spreading to other parts of the body or reoccur frequently.

Try out these effective natural wart removal home remedies and get rid of annoying warts without the use of medicines. And don’t forget to share your home remedies and tips with us.

Related Posts

Top 15 Home Remedies to Eliminate Foot Odor

Alzheimer’s Disease Causes, Symptoms and Treatment

20 Natural Home Remedies to Remove Dandruff at Home Permanently

15 Natural Home Remedies to Treat for Melasma Pigmentation